

Spinnaker Handling

Helm

Crew

HOIST

Uncleat halyard
Hoist spinnaker, cleat halyard
Concentrate on steering straight course

Uncleat leeward twinning line
Uncleat sheets
Clip guy (windward sheet) to pole
Push pole forward to engage uphaul loop
Clip pole to mast
Shout 'pole on'

Trim guy to mark if reaching or running
Trim sheet
Re-trim sheet continuously

DROP

Uncleat halyard but keep tension in hand
Pull downhaul

Square spinnaker by pulling guy
As spinnaker enters chute, unclip pole from ma
Disengage uphaul loop
Unclip guy from pole
Slide pole along boom
Tidy and cleat twinning lines and sheets

Cleat halyard and downhaul

GYBE

Steer boat across wind

Steer with rudder between legs and
control spinnaker

Pass sheet and guy to helm
Uncleat windward trimming line
Pull guy astern until clew on forestay
Gybe boom using kicker
Pull in and cleat leeward trimming line
Unclip pole from mast
Clip on new guy (windward sheet)
Unclip old guy (new sheet) from pole
Clip pole to mast

Trim and cleat guy
Trim sheet

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